

# Angioedema diagnostics

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# Disclosures

(potential) conflicts of interest	
Relation	Company
<ul style="list-style-type: none"><li>Appointed</li></ul>	Sanquin



Sanquin

# Sanquin Diagnostiek

## Non-for-profit organisatie

- bloodbank
- plasmaproducts\*
- tissues and cells
- reagents\*
- research
- diagnostics\*



- Bulk diagnostic tests are mostly performed in hospitals
- Low volume specialties are not profitable: Sanquin Diagnostics performs those tests for hospitals throughout the Netherlands
- Sanquin courier collects samples in all hospitals
- SERVICE



Sanquin

# Sanquin Plasma products



*Sanquin diagnostics: follow-up of production process and end product*



© Sanquin

## Cinryze

C1-inhibitor from different plasma  
Nationalities for their own market



# Angioedema diagnostics

- Clinical observation / family history / therapeutic response
- Laboratory testing



# Types of angioedema

## Acquired

IH-AAE

InH-AAE

ACE1-AAE

C1-INH-AAE type I

C1-INH-AAE type II

## Hereditary

C1-INH-HAE Type I

C1-INH-HAE Type II

FXII-HAE

U-HAE

# Types of acquired angioedema

IH-AAE	idiopathic histaminergic acquired AE (response to standard allergy therapy, no identifiable allergen)
InH-AAE	Idiopathic non-histaminergic AAE, unknown (FXII mutation excluded)
ACEI-AAE	acquired AE related to angiotensin-converting enzyme inhibitors
C1-INH-AAE Type I	acquired C1-INH deficiency, secondary to lymphoproliferative disease, no autoantibodies
C1-INH-AAE Type II	acquired C1-INH deficiency with autoantibodies against C1-INH

# Types of hereditary angioedema

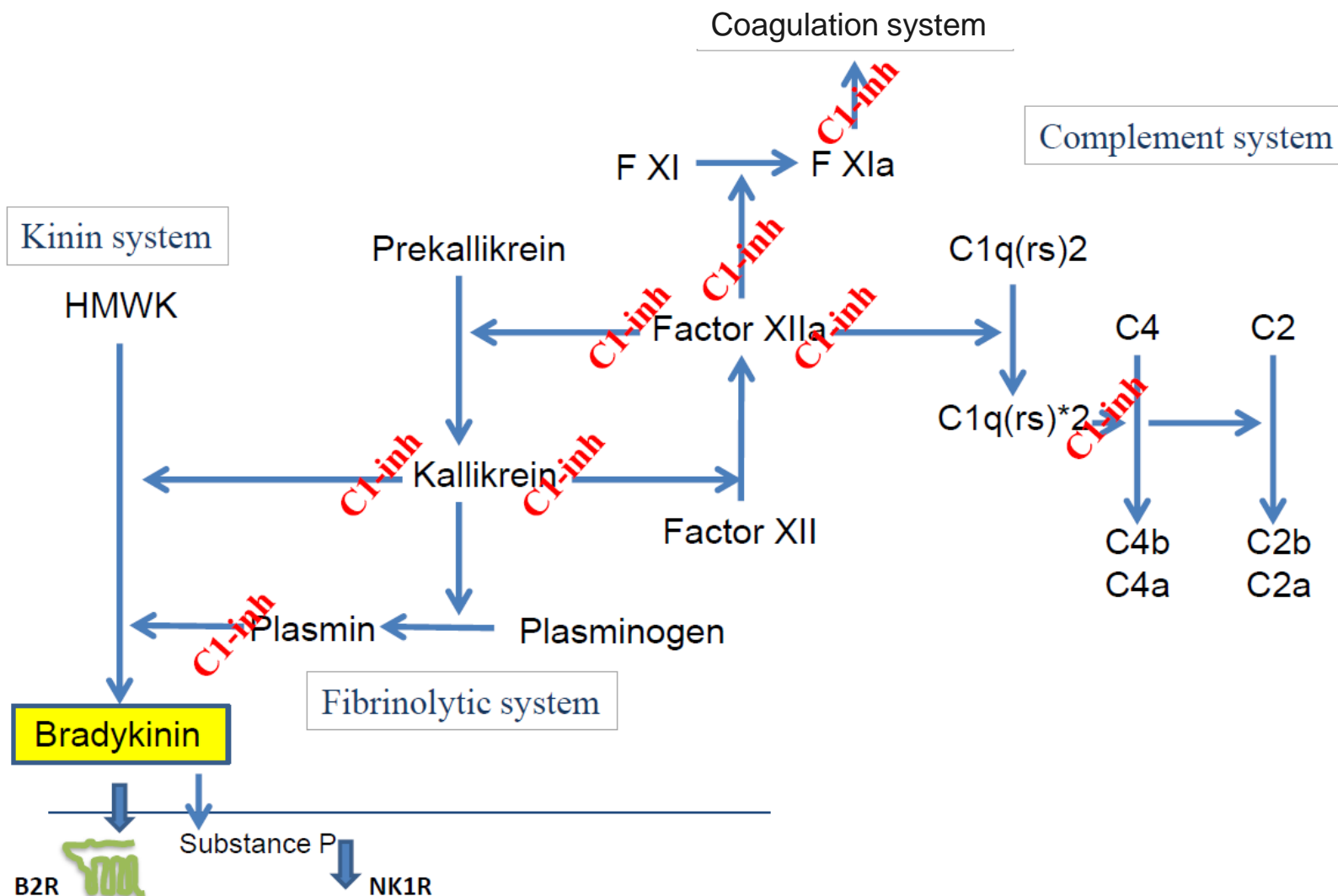
C1-INH-HAE Type I	C1-INH deficiency (~85%), mutation in <i>SERPING1</i>
C1-INH-HAE Type II	C1-INH functional deficiency, mutation in <i>SERPING1</i>
FXII-HAE	mutation in <i>F12</i> (mostly females)
U-HAE	unknown origin (type III)



# Available lab tests

- C1-inhibitor function
- C1-inhibitor antigen concentration
- C4 concentration
- C1q concentration
- C1 inhibitor autoantibody (levels, function)
- *F12* mutation analysis
- *SERPING1* mutation analysis

# C4 / C1q are used as readout



# C1-inhibitor and C1

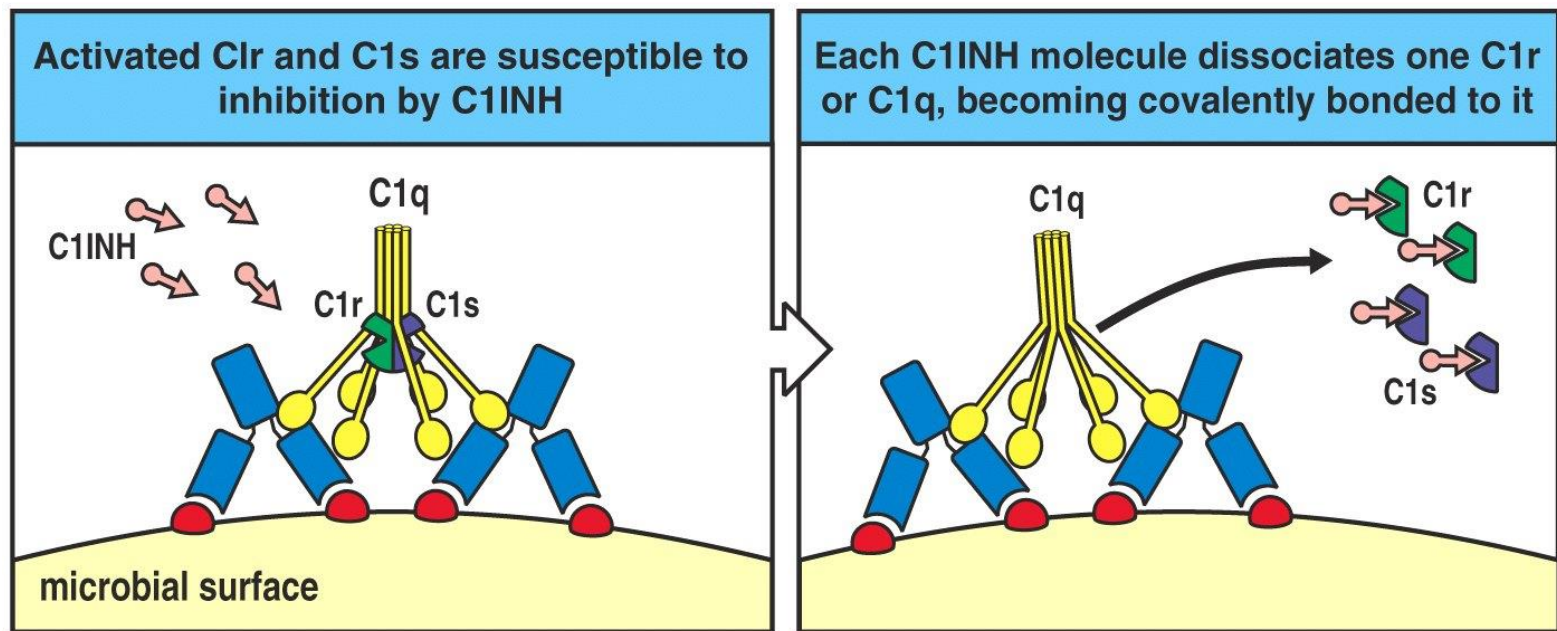


Figure 7-47 The Immune System, 2/e (© Garland Science 2005)

# The complement classical pathway

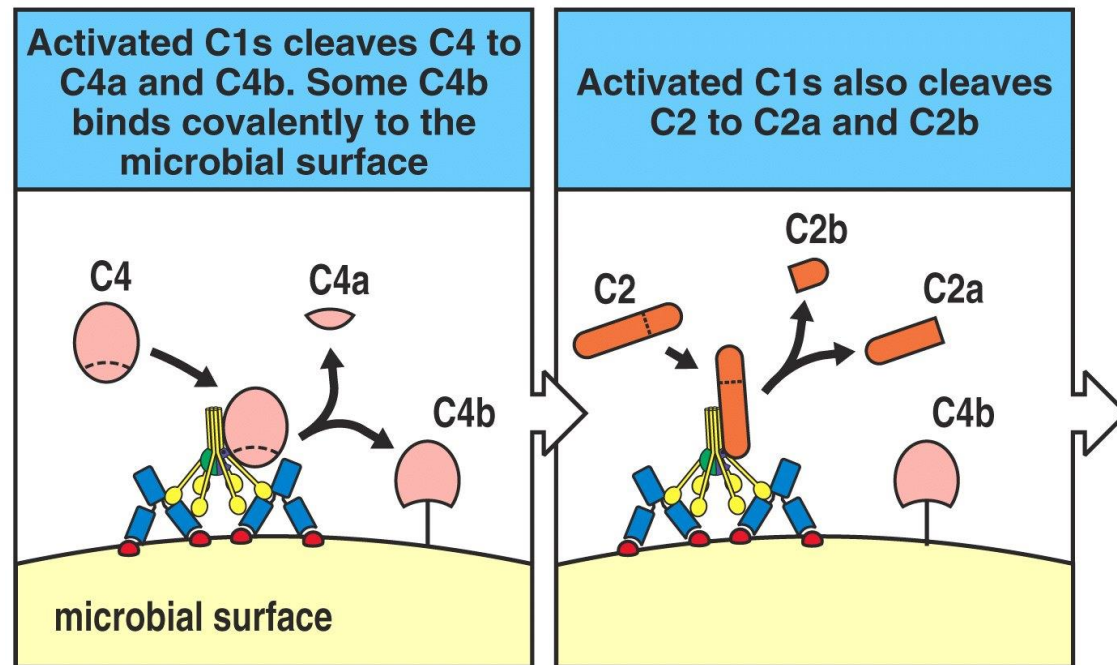
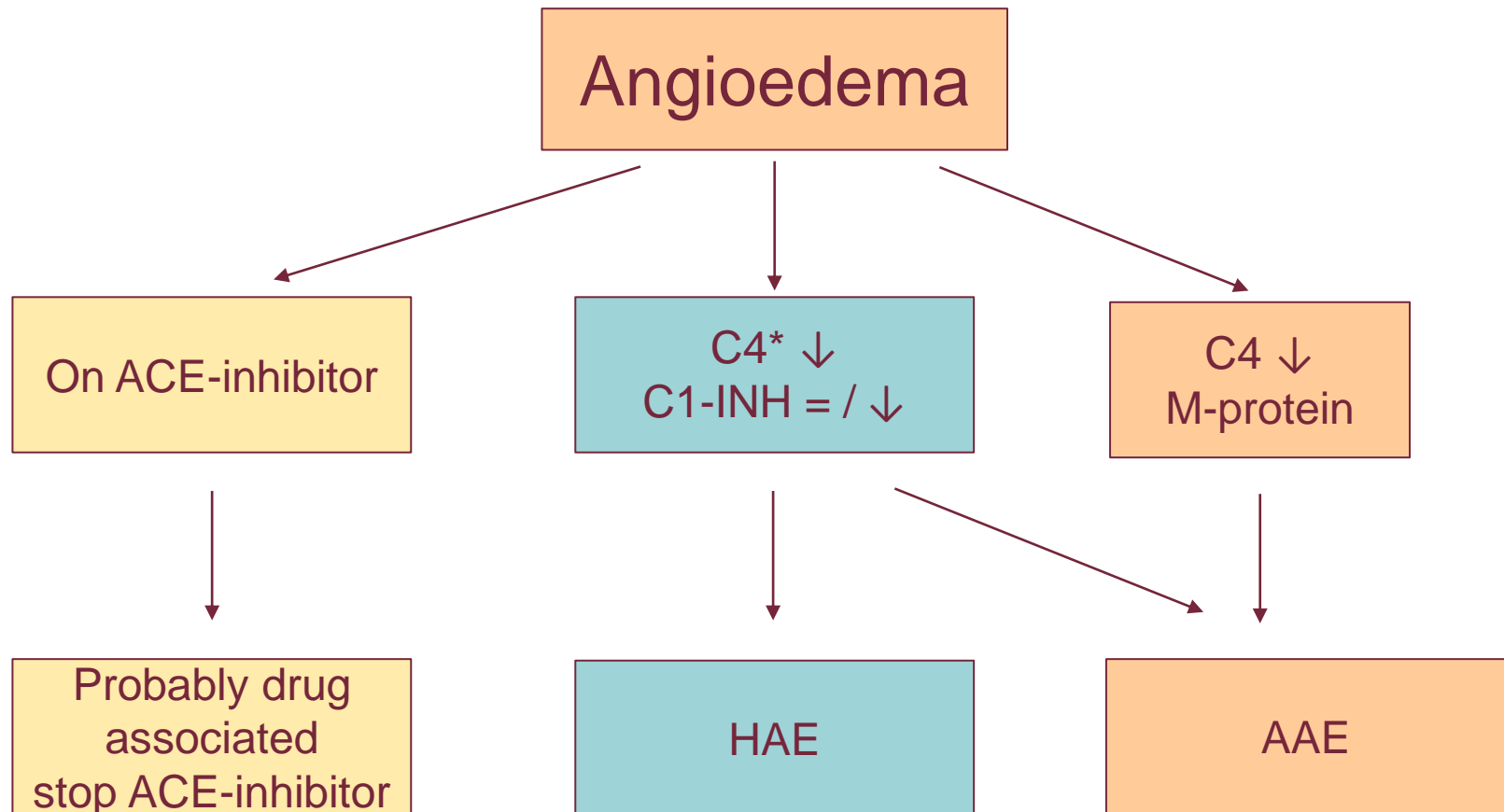


Figure 7-34 part 1 of 2 The Immune System, 2/e (© Garland Science 2005)

# Simple diagnostic algorithm



\* C4 is not very specific or sensitive, but OK for screening

## An evaluation of tests used for the diagnosis and monitoring of C1 inhibitor deficiency: normal serum C4 does not exclude hereditary angio-oedema

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Würzburg, Germany*

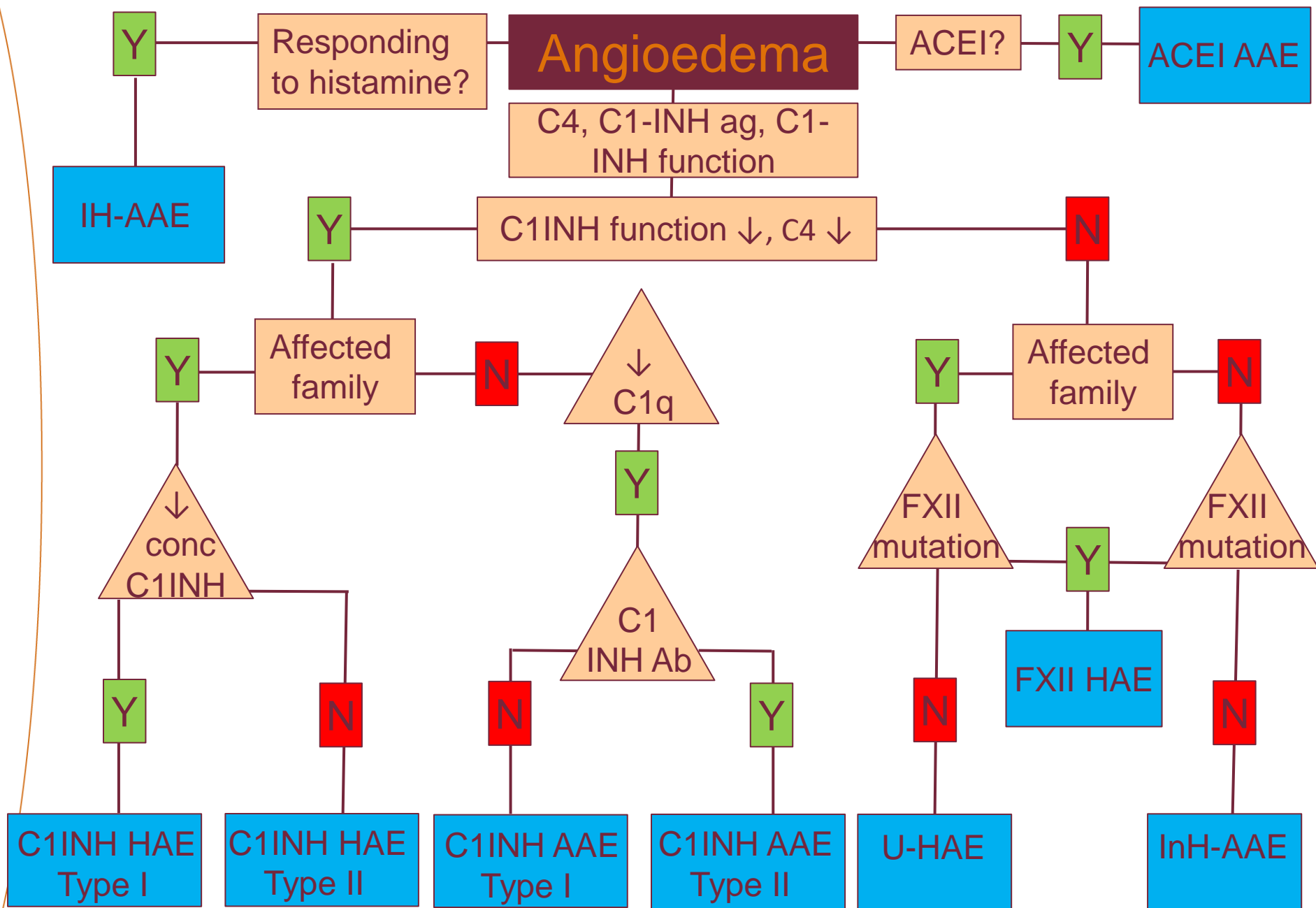
### Summary

Reduced levels of serum C4 have been considered a ubiquitous finding in hereditary angio-oedema (HAE), and consequently low C4 is often used to 'request manage' access to C1 inhibitor assays in the United Kingdom. However, in our experience normal C4 may occasionally be compatible with HAE. We audited the results of serum C4, C1 inhibitor antigen (C1inhA) and C1 inhibitor function (C1inhF) in 49 HAE patients, compared to a control

**Table 3.** Diagnostic performance of low C4, low C1inhA/C1inhF for hereditary angio-oedema (HAE) in untreated patients.

	Low C4 (< 0.14 g/l)	C1inhA (< 150 mg/l)	C1inhF (m = manufacturers' range, < 68%)	C1inhF (optimized range, < 84%)	Low C4 and low C1inhF (optimized range)
Sensitivity	81%	97%*	57%	78%	78%*
Specificity	85%	100%*	100%	100%	100%*

\*Refers to HAE type I.



# Diagnostic outcomes

Type	Disorder	C1-INH		C4	C1q	Ab	Mutation	
		function antigen			(low in 70%)		<i>SERPING1</i>	<i>F12</i>
<b>acquired</b> (AAE)	IH	=	=	=	=	No	No	No
	InH	=	=	=	=	No	No	No
	ACEI	=	=	=	=	No	No	No
	Type I	↓	↓	↓	↓	No	No	No
	Type II	↓	↓/=	↓	↓	Yes	No	No
<b>hereditary</b> (HAE)	Type I	↓	↓	↓	=	No	Yes	No
	Type II	↓	N/↑	↓	=	No	Yes	No
	FXII	=	=	=	=	No	No	Yes
	U (type III)	=	=	=	=	No	No	No



# FXII HAE

- Deletion of exon 9
- c.983 C>A (p.Thr328Lys)
- c.983 C>G (p.Thr328Arg)

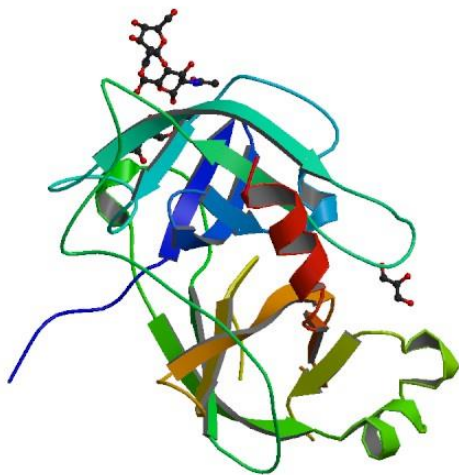


Overactive protein

Oestrogen ↑ FXII

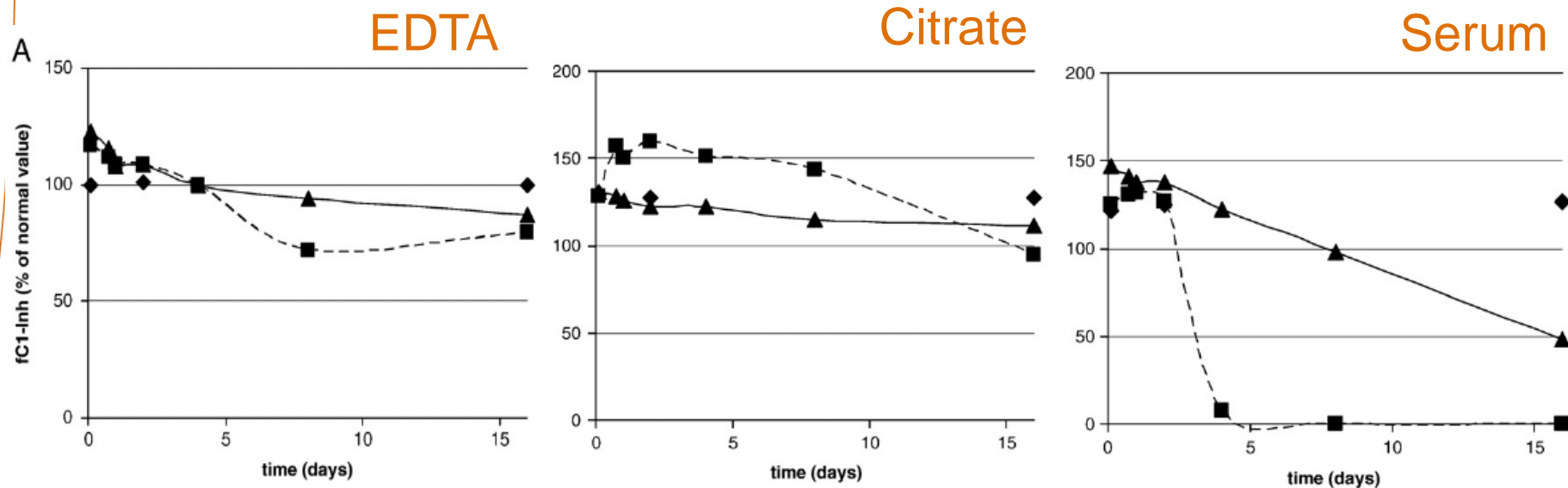


>> bradykinin



# Cold inactivation

- Plasma for C1 inhibitor activity should be stored at -20°C.
- Storage at 4°C leads to cold inactivation (lower functional levels)
- This is coincided by normal C4 levels



# Plasma vs serum

- Complement activation is  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  dependent
- Complement activation is inefficient in EDTA-plasma
- Complement activation is less efficient in citrate plasma than in serum
- Complement activation continues at RT/37°C, especially in absence of C1-INH

→ C1-INH function and C4 and C1q levels can best be measured in plasma that has been stored at -20°C. Storage at RT or serum may results in activation and falsely lower results

# C1-INH function: assay types

- Chromogenic assay
- Complex formation ELISA

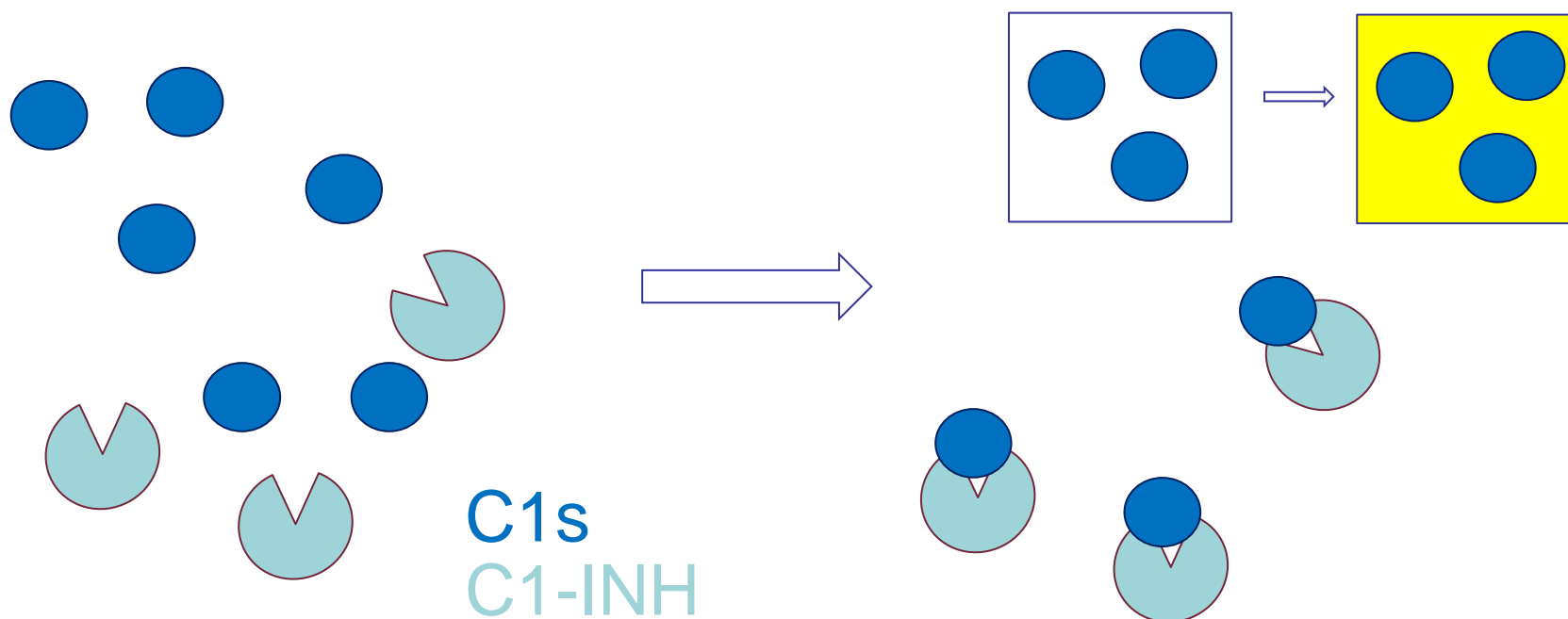


[www.wikipedia.org](http://www.wikipedia.org)

# Chromogenic assay

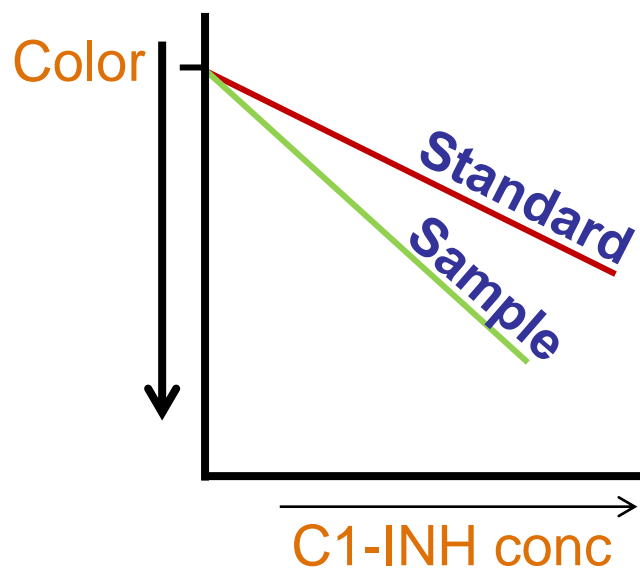


Colorless substrate  $\xrightarrow{\text{C1s}_{\text{remainder}}}$  Colored substrate



# C1-INH activity at Sanquin

Ratio between slopes is a  
measure for activity  
compared to standard



Tecan Freedom Evo  
(CV% < 8%)



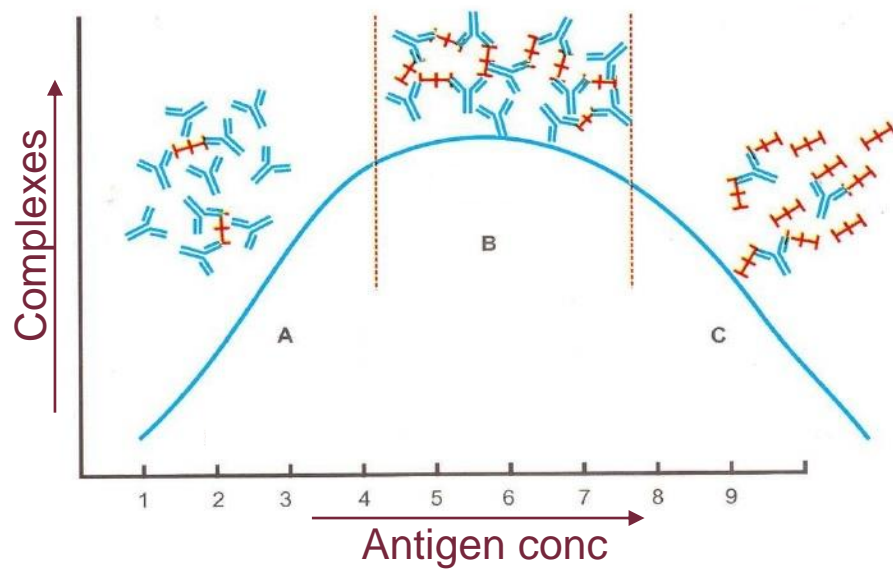
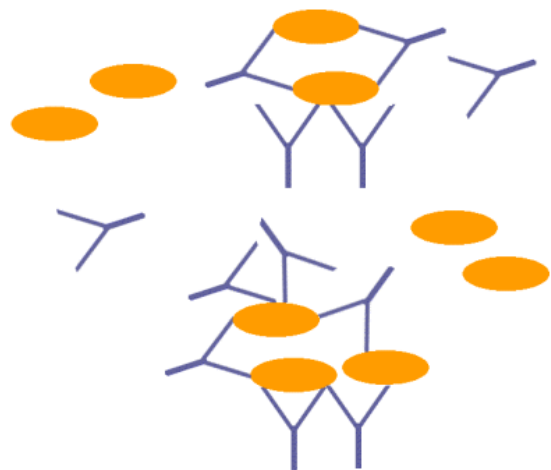
# Alternative C1-INH function tests

Tests focussing on the contact/kinin system

New ELISA: detection of FXIIa-C1INH or kallikrein-C1INH complexes  
but other inhibitors exist that may interfere  
(Joseph et al 2015)

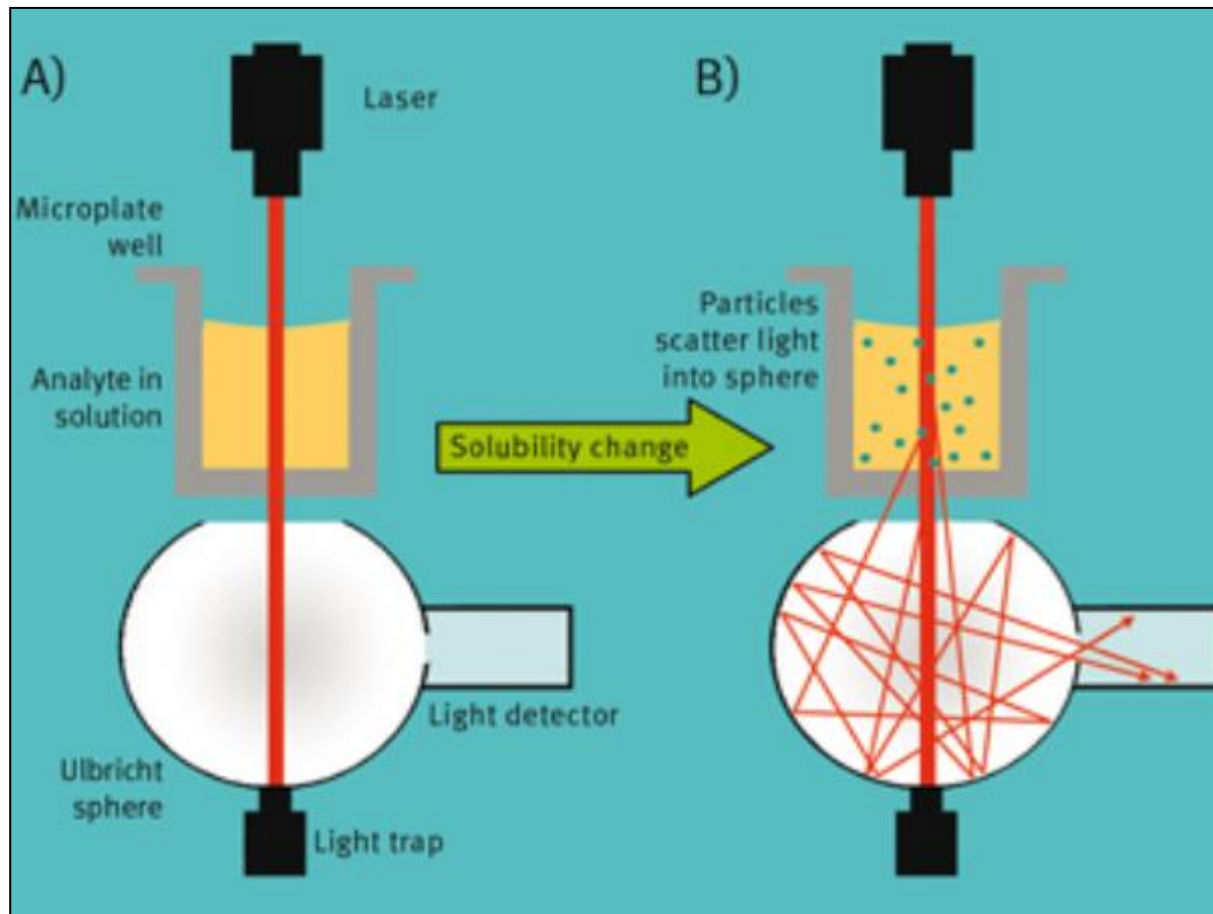
BK assays: poor reproducibility  
(Hofman et al 2016)

# Nephelometric tests (C4, C1-INH, C1q)

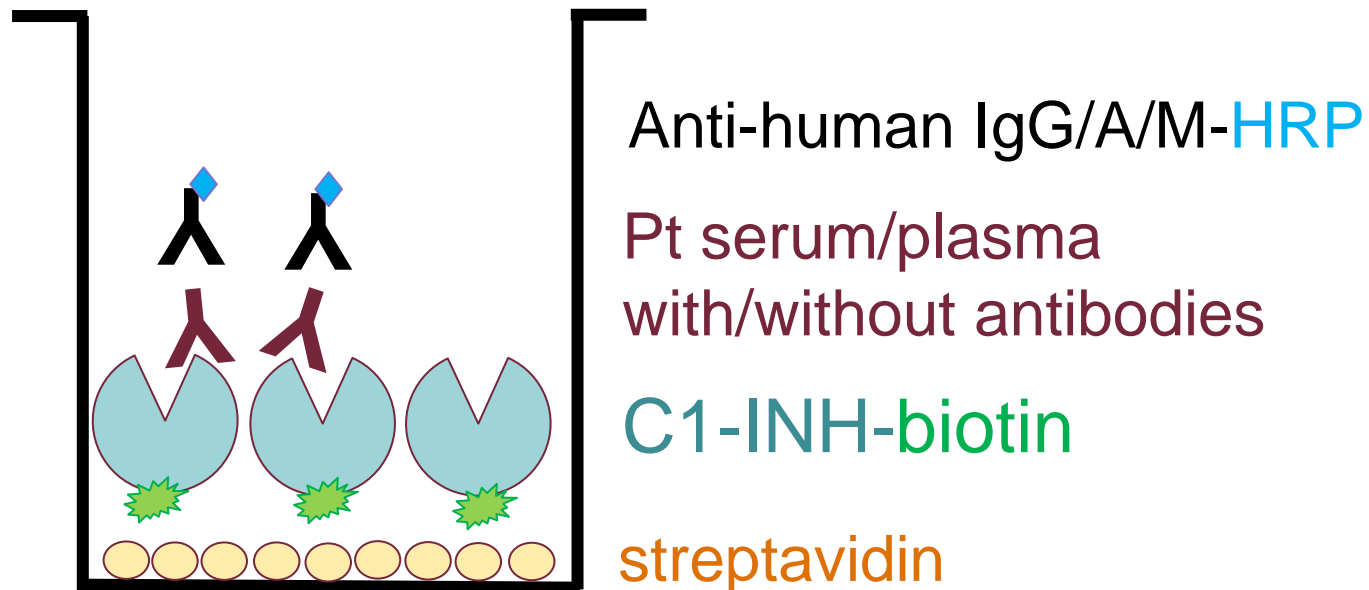




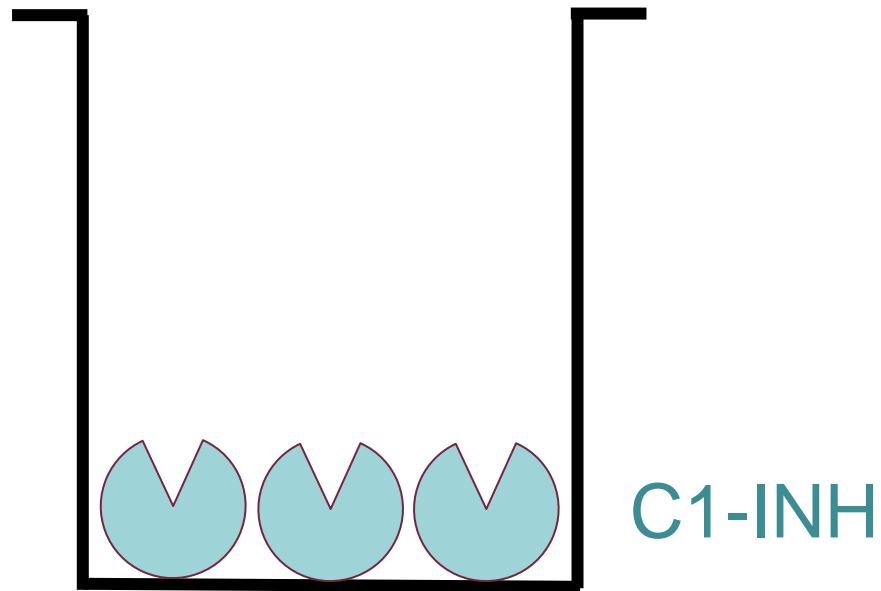
# Nephelometry principle



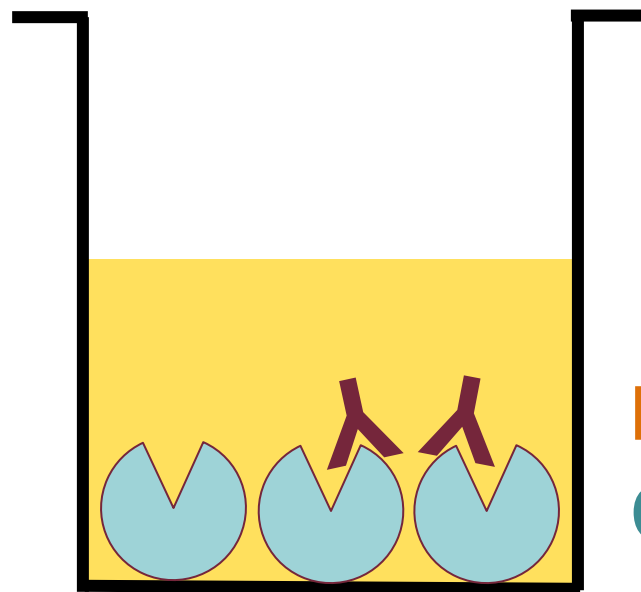
# Regular C1-INH antibody ELISA



# Function neutralising antibodies

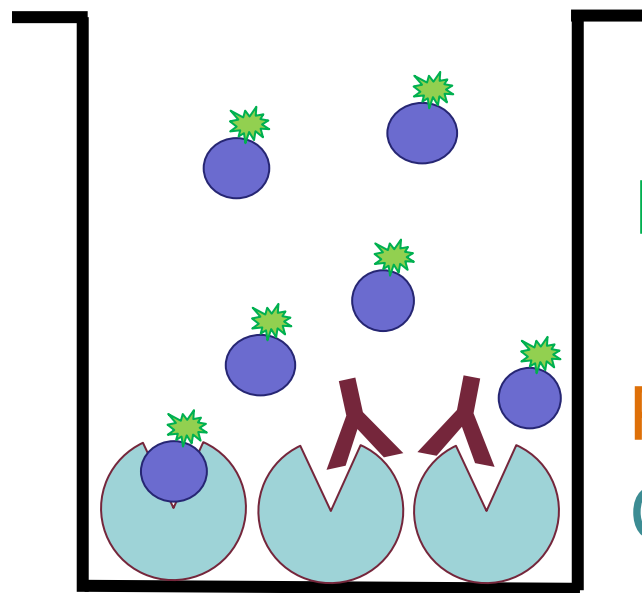


# Functional neutralising antibodies



Pt serum with/without antibodies  
C1-INH

# Functional neutralising antibodies

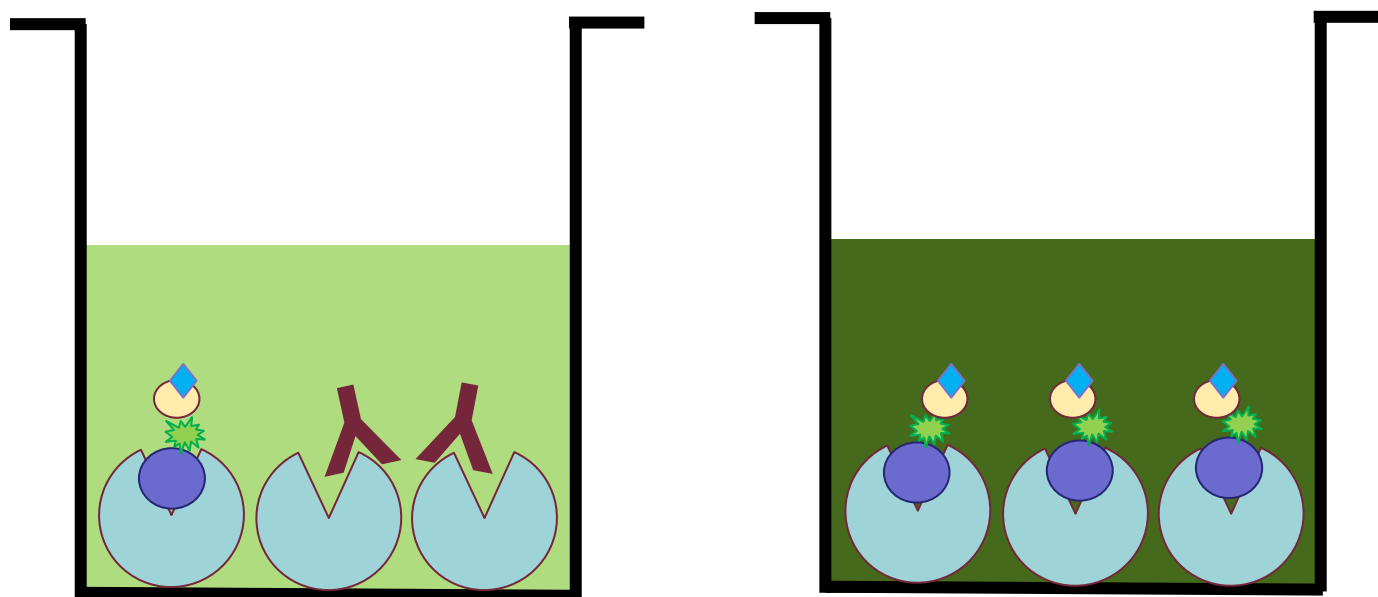


Biotinylated C1s

Pt serum with/without antibodies

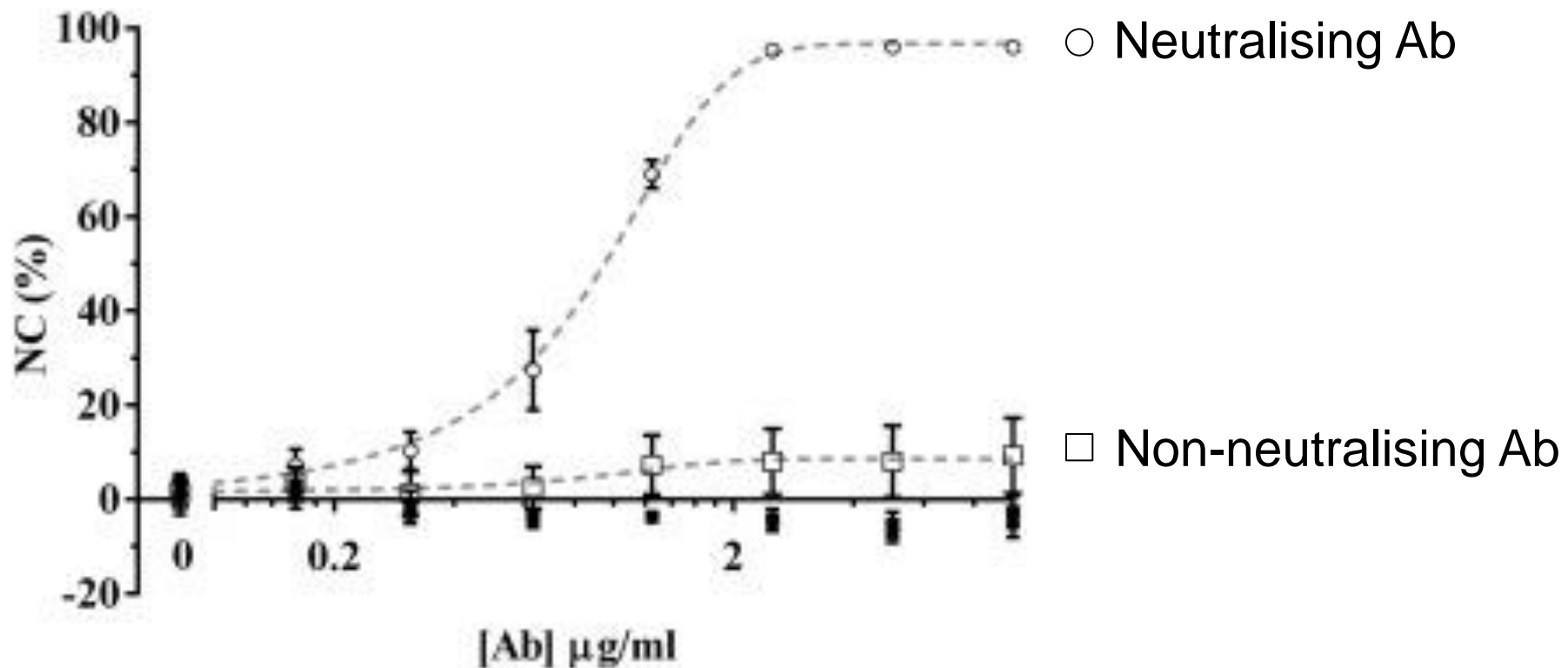
C1-INH

# Functional neutralising antibodies



Development of ELISA

# Specificity of neutralising Ab ELISA



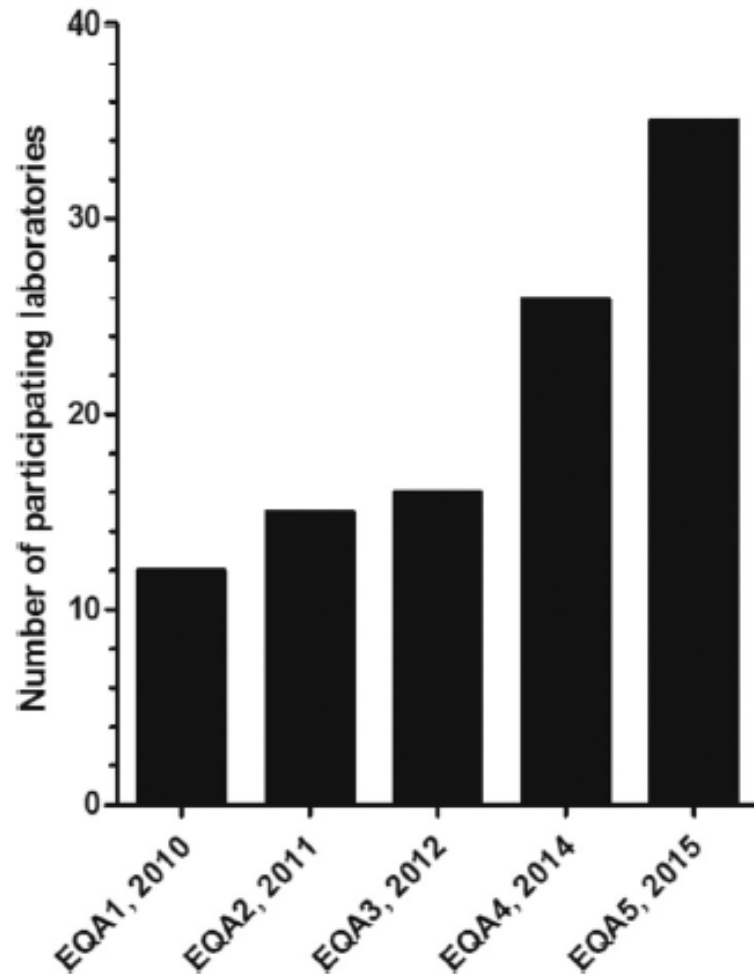
## *SERPING1* and *F12* mutation analysis

- Searching for known mutations by PCR / Sanger sequencing
- Next generation sequencing (targeted, exome, whole genome)

[illegible]



# Standardisation of complement diagnostics (EQA)



- To improve the quality of complement testing
- To formulate recommendations/guidelines on the best tests to use

# Standardisation of complement diagnostics (EQA)

Results of the 5th External Quality Assessment quantitative results.

Assay	No. of responses	Median of normalized results	25th Percentile of normalized results	25th Percentile of normalized results	Between-laboratory coefficient of variation***
C4	26	1.25	1.17	1.32	0.10
		0.98	0.92	1.02	0.10
C1-inhibitor antigen	20	0.78	0.73	0.89	0.19
		0.61	0.59	0.65	0.16
C1-inhibitor function	18	0.64	0.45	0.82	0.43
		0.62	0.49	0.80	0.28
C1q	18	0.60	0.52	0.73	0.40
		0.66	0.58	0.71	0.16

Prohaszka et al 2016

## International standards

ERM-DA470k: C4

NIBSC 08/262: C1INH potency

## Set up recommendations on:

- Assay preference
- Assay calibration
- Assay presentation
- Result interpretation



## Small working groups:

No 2: C1 inhibitor function and autoantibodies

*Facilitators: Marco Cicardi, Lilian Varga*

# Summary

- Different complement-based assays to diagnose angioedema
- Algorithm depends on lab possibilities
- Storage conditions are important
- Standardisation initiatives in progress

